Southern California Association of Psychology Training Programs (SCAPTP) Meeting Minutes for December 3, 2018

California Baptist University 8432 Magnolia Ave. Riverside, CA 92504

- Introductions- Scott Bledsoe (Azusa Pacific), Robert Pate (Cal Baptist), Tonya Wood (Pepperdine), Veola Vazquez (Cal Baptist), Julie Jackson (Mt. St. Mary's), Marjorie Graham-Howard (APU), Humberto Hernandez (Cerritos College CC), Jerry Kernes (La Verne), Lidia Michel (The Help Group), Amy Warren (Child and Family Center), Nancy Crawford (Rosemead), Giselle Collins (Didi Hirsch), Val Romero (Pacific Clinics)
- II. Approval of Minutes- Motion to approve minutes by Jerry, seconded by Tonya. The minutes of the last meeting were approved without change.

III. Old Business

- a. Tonya Wood will remain as Treasurer due to funds being held in a Pepperdine account. Tonya asked whether we should continue to have annual dues because funds have not been used regularly for their intended purposes (reimbursing food expenditures for meetings, paying speakers at SCAPTP CEU trainings). Account balance is approximately \$1,900 because very few members have requested reimbursement. The issue of whether to forego dues moving forward has been tabled for now and will be revisited at a future meeting. Scott has changed the dues invoice form on the SCAPTP website to a "fill-in-the-blank" form so programs can add their respective names under "Bill To."
- b. SCAPTP-CAPIC proposal- Jerry summarized the main conversation points from the last meeting. Rebecca Romerger notified Jerry after last meeting that CAPIC may be shutting down/"sunsetting" over a 3 year period of time. This has not been decided yet, but is a possibility. Jerry talked with Rene from CAPIC and is of the opinion that we could still work with CAPIC, but not at the proposed price point. Nancy contacted a few sites and many of her students (Rosemead) and got a very strong "yes" regarding an online match process. With CAPIC, SCAPTP members would only pay for the match, not for other CAPIC-related fees. Semel Institute now has its own online match system. Harbor-UCLA moved up their timeline to during captive interview/notification dates. Tonya- said we don't want to chase practicum sites as they move up their dates as this may be a continuing cycle. H-UCLA now requires schools to submit captive names by 12/7. Marjorie asked about bottom line fees- no exact numbers available, but Jerry indicated it may be north of \$10k to get started with multiple ongoing maintenance fees. The group is wondering whether there is a way to go directly to the vendor that CAPIC uses or to set up a SCAPTP specific match website. The issue will be discussed in detail at the March meeting. One possible outcome of next meeting is the assignment of a subcommittee to research options between March and June meetings, possibly bringing a vendor to the June meeting to provide details, quotes, etc. that can then be voted on.

IV. New Business

a. With some big name sites (Semel, etc.) moving dates up, Jerry senses that our timelines may need to be shifted slightly to best accommodate all of our students. Marjorie expressed desire for SCAPTP to be of one accord regarding how to approach sites like

Semel and Harbor-UCLA. Jerry said he thinks the March 1 deadline could work as an application deadline for our trainees and everyone would benefit. Cedars-Sinai also has an early decision process and tends to follow HUCLA. As many sites' deadlines are earlier, he proposes that we have "early site dates" and UND dates. Tonya concurs that we should have all captive sites and HUCLA approved for early application/selection, and then all UND sites/students completing the process later. Tonya tells students that if they apply to captive/HUCLA sites, they have to withdraw from that process to apply to SCAPTP sites. She tells students not to do anything SCAPTP prior to March 1st, and does not allow students to apply to sites that are in-between SCAPTP and captive dates. Nancy tells her students that they have to choose either HUCLA or another captive (Rosemead conceptualizes HUCLA as a captive site). Scott pointed out that the UND dates document has not changed for many years except for slight modifications of dates to fit the new year's calendar. Scott suggested considering changes to the document to be "more 2019 than 2009." Tonya suggested when sending out new dates to sites, that it may be best to not do so as a SCAPTP document, but rather send it as coming directly from one or more DCTs so that sites may be more likely to open the email. Nancy suggested sending out a document identifying the top few issues faced by DCTs (rogue sites, non-captive and non-SCAPTP sites, unusual dates) and how we can collectively face them. The group agreed that if non-SCAPTP sites have unfilled positions, they must wait until after UND has completed and get students through a clearinghouse process whereby they can call individual schools without a formal process. Marjorie asked what is considered "early?" Sites represented today were flexible and stated they would be willing to use dates determined by the schools. UND is currently the 2nd Monday in April (8th), with interviews throughout March. Captive site notification date remains Feb 15. Nancy noted it would be hard for letter-writers to do a quick turnaround if students find out about HUCLA on 3/1 and have to turn in applications same day if personalizing letters. Robert added that if a student initially focused on a HUCLA assessment site and subsequently needed therapy-oriented letters it would be difficult a turnaround. It was noted that Scott noted that next meeting is on March 4th, so we'll have immediate feedback on the new dates as being helpful/not. Group agreed that if students who are not selected/accepted at no-SCAPTP sites have applications/letters ready to submit ahead of time, the 3/1 application deadline should not present a major problem. Jerry asked whether it would be helpful to move back our UND by a week? Robert and Marjorie recalled that feedback from sites at past meetings was that pushing UND back also pushes back when trainees can get fully on-boarded for their new sites. Nancy also noted that pushing UND back complicates class registration and TA assignments for the fall semester. The group consensus was also that moving from 30 minute to 15 minute holds on UND would be helpful for limiting the amount of time the UND process takes and that it may allow sites/students to be matched more effectively with their ranked preferences.

- 3 Proposed changes to SCAPTP guidelines (polished language to be sent in email containing meeting minutes):
 - 1) SCAPTP application deadline of February 22nd is changing to March 1st
 - Amend line 6 of UND policies to allow sites to tell a student they are no longer being considered prior to UND. Sites must still wait until UND to contact students that they have ranked and would like to accept.
 - 3) Change UND hold time to 15 minutes.

Motion to approve three above proposed changes made by Nancy Crawford. Seconded by Marjorie Graham-Howard. Approved unanimously.

- b. Scott asked what we are telling students about CAPIC vs. APPIC vs. APA internships? Tonya- Pepperdine discusses APPIC vs. CAPIC more frequently in recent years. Tonya also noted a strong preference for accreditation purpose to match students to APA accredited sites. Jerry concurs. Scott noted that he consistently hears that students really need to push for an APA accredited internship.
- c. Sean Love submitted written request for feedback similar to what went out to the listserv regarding sites billing for student trainee testing services by classifying the trainee as a psychometrician. The consensus of the group is that this is not a good idea-Medicare does not want to pay for the work of trainees, and there is a movement in CA to create a new officially recognized psychometrician position.
- d. Robert will ask training sites to send in new site information update forms, and will attach forms to next meeting minutes email. Form will be updated to include space to describe what types of students will do well at your site.
- e. When minutes go out, a separate email may be sent notifying sites of changes made to UND guidelines.
- f. Jerry noted that La Verne is seeing a 10% increase in applications each year that PSYCAS has been in use at LaVerne.
- g. Tonya reported that the LA County DMH department head/chief psychologist wants to meet with a group of DCTs to see how schools and DMH can best work together.

V. Updates & Announcements

- a. Site updates- Cerritos College CC- Humberto shared that CCCC serves diverse students and offers diverse medical and mental health services. The program is growing and being intentional about adding practicum trainees. They offer both a university and CMH feel for trainees. CCCC is ready to accept applications in the current UND cycle. They have a new building forthcoming, and it will include a meditation room and other upgrades. Mainly a psychotherapy site, particularly brief therapy.
- b. Amy Warren from Child and Family Center in Santa Clarita shared that they are a CMH agency on the smaller side. They just merged with a DV center and are expanding services to Palmdale for child and adult MH services. They serve clients aged birth to adult. Most clients are victims of DV, no perpetrators are treated at CFC. They use EBPs, and will train each student in at least one EBP, including Seeking Safety & Motivational Interviewing as well as other EBPs. The agency provides the required 40 hour training in DV. Amy notes that as a DMH site, it may be better to send them students further along due to DMH Waiver issue. Some psych testing is available, but no guaranteed number of batteries.
- c. Julie Jackson- update on Mt. St. Mary's- They plan to start their first cohort next fall, have hosted 4 info sessions, and have one completed application. Robert offered encouragement that Cal Baptist started online marketing later than expected last year and still launched with a diverse cohort of 15 students this fall.
- d. Val Romero shared that Pacific Clinics has a position open and will email the listing.
- e. Agency Reminder: Please send Scott Bledsoe your updated site info for the SCAPTP web page: https://www.scaptp.org/directory. Sites can update info on forms (Google Docs) that will be included in the minutes email.

Next Meeting: Monday, March 4th, 2019 from 10am-12pm at APU.